

# 4Way Glide Twin 4Way Glide Twin Maxi

Manual English

 **etac**<sup>®</sup>



# Illustrations

Illustration 1



Illustration 2

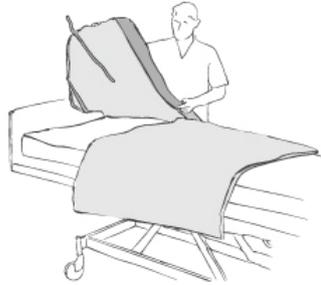


Illustration 3

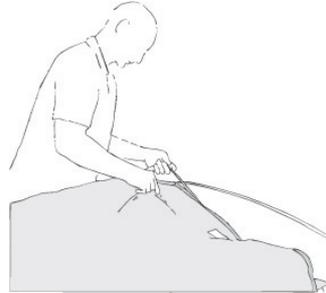


Illustration 4



Illustration 5

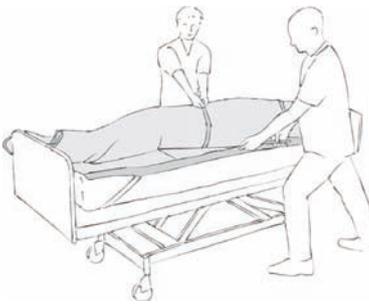


Illustration 6



Illustration 7



Illustration 8

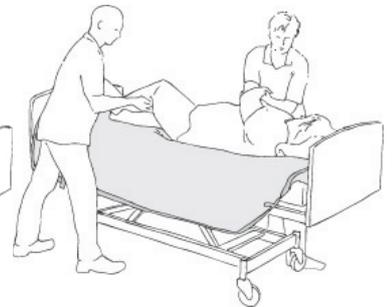


Illustration 9



Illustration 10



Illustration 11



Illustration 12



Illustration 13



Illustration 14



Illustration 15



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## General

Thank you for choosing an Etac product.

To avoid accidents and injury when moving and handling the products, read the manual carefully.

The person described as "the client" in this user manual is the person who is lying or sitting on the product. The carer or carers are the people who manoeuvre the product.



**This symbol appears alongside the text in the manual. It draws the reader's attention to points at which there may be a risk to the health and safety of the client or carer.**

The products comply with the standards applicable for Class 1 products in the European Council Directive MDD 93/42/EEC on medical devices.

At Etac we strive to improve our products all the time and therefore we reserve the right to make changes to products without prior warning. All measurements given on illustrations and similar material are for guidance only and Etac cannot be held liable for errors and defects.

The information given in this manual, including recommendations, combinations and sizing, does not apply to special orders and modifications. If the customer makes adjustments, repairs or combinations not predetermined by Etac, the Etac CE certification and Etac warranty will be voided. If in doubt, please contact Etac.

Warranty: Two-year warranty on material and manufacturing defects, provided that the product is used correctly.

For further information on the Etac transfer range, see [www.etac.com](http://www.etac.com).

The product can be scrapped in accordance with national regulations.



Washing



Iron



Never leave on the floor



Max. weight



Handwash



Do not dryclean



Warning



The product can be scrapped in accordance with national regulations



Wipe off



Do not bleach



Read the User Manual



Manufacturer



Tumbledry



Risk of sliding down



Batch no./Lot no.



Class 1 - European Council Directive MDD 93/42/EEC on medical devices

## Features

4Way Glide Twin two-part incontinence turning mattress, which makes it easy for a carer to turn a client into the side position in connection with hygiene and baths, wound care, etc.

# Use

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## Positioning

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Place the nylon 4Way sheet with locking system on the bed. The "this side up" label should be at the head end (Illustration 1). Lock the glide system so that the non-slip material is visible.

First fit the down part of the 4Way Glide Twin down part or fit the corner straps around the mattress corners at the foot end. Fit the top part of the 4Way Glide Twin (Illustra-

tions 2 and 3) and join the Velcro fasteners. Position the client so that the 4Way Glide Twin seam does not irritate him/her.

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## Use

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To unlock the glide system: One carer on each side grasps the functional handles attached to the nylon sheet and foot end, and pulls them slowly upwards towards the head end (Illustration 4). When the carers feel resistance, they must stop pulling. Then one carer grasps the functional handles on the opposite side of the glide system, and the other carer helps pull the locking system up past the hip area (Illustration 5). The carers then do the same on the opposite side. The glide system is now unlocked and the client can be turned in all directions (Illustration 6).

When the carers have finished turning the client, the glide system must be relocked (Illustration 7).

Bend the client's legs if possible (Illustration 8)

### Alternative turning method

Attach the lift to the functional handles on the top part of the 4Way Glide Twin. The client can be turned into the side position by raising the lift. The carers can either push down on the glide mattress or pull on the handles, turning the client in the middle of the bed (Illustration 9). Make sure that the client's spine does not twist.

### Positioning

If the client is to remain in the side position after bath/care, the client's back can be supported using a positioning wedge or pillow. Other positioning pillows can be used if necessary (Illustration 10).

After moving the client, it will often be beneficial to smooth the glide system under the client. To do this, pull diagonally on the corners, preferably one layer at a time (Illustration 11).

### Raising the bedhead

Lock the glide mattress. Remember to "lock" the glide system, pulling the functional handles towards the foot end. This can be done by both carers at one time (Illustration 7). The bedhead can now be raised, without the client sliding down. If reduced freedom of movement in the upper body is required in the seated position, you can lock the glide system at both sides at the shoulders by fitting corner straps around the mattress.

### The "5 smiles" technique

To ensure the most comfortable position (seated or lying), it is imperative that the carers remove any tension on the skin occurring when the client's head or feet are raised. Loosen the shoulder blades (Illustration 12). Loosen the legs (Illustration 13). Finally, the carers must make sure that the client's pillow is correctly placed under client's head and neck – first remove the pillow, shake/plump and replace.

### Seated position

Once the carer has ensured that any tension on the skin is released, the carer can support the client in the seated position with positioning wedges or pillows (Illustration 14).

### Sliding down:

Unlock the glide mattress (Illustrations 3 and 4). Then the carer grasps the straps under the client at the shoulders (and hips, if necessary) and slowly pulls the client upwards using weight transference (Illustration 15).

## Use

### Special features

Always check the product before use and after washing.

Never use a defective product. If the product shows signs of wear-and-tear, it must be scrapped.

Read these instructions carefully.

It is important that carers receive instruction in manual handling. Etac offers advice and training for carers. For further information, contact Etac.

Always use the correct manual handling techniques

Remember to use the client's resources.

There is a risk that the user may slide off. Never leave the user alone on the edge of the bed.



Never leave the user on the glide system unless there is a guard rail.

Always lock the glide system when you have completed the transfer.

Never leave a 4Way Glide Twin on the floor.



To ensure that the client feels safe and that every manual handling is smooth, always plan the manual handling in advance.

If in any doubt - please contact Etac.

## Materials

Glide mattress:

Top side: polyester/cotton (green) or polyurethane (grey).

Fill: 100 % polyester fibre.

Backside: 100% nylon.

The nylon material is antistatic.

Handles: polyester.

Seam: Velcro.

## Cleaning

The product should be checked regularly, preferably each time it is used, and especially after wash.

Check that there is no damage to seams or fabric.

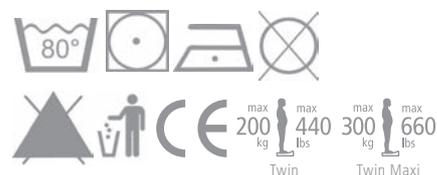


**Never try to repair a product yourself. Never use a defective product.**

### Washing instructions:

Can be wiped off with disinfectant (polyurethane surface)

Do not use fabric softener.



## Articles

Article no.	Description	Size (cm)
IM140/200TT	2-part glide mattress top part, without non-slip locking system, green	W140 x L85
IM140/200TD	2-part glide mattress down part, without non-slip locking system, green	W140 x L133
IM140/200TTG	2-part glide mattress top part, without non-slip locking system, polyurethane, grey	W140 x L85
IM140/200TDG	2-part glide mattress down part, without non-slip locking system, polyurethane, grey	W140 x L133
IM180/200TD	2-part glide mattress top part, without non-slip locking system, green	W150 x L133
IM180/200TT	2-part glide mattress down part, without non-slip locking system, green	W150 x L85

## Combinations

Article no.	Description	Size (cm)
IM85/200LPLNS	Nylon sheet with non-slip along the edge + non-slip locking system	W85 x L200
IM85/200LPL	Nylon sheet with non-slip locking system	W85 x L200
IM85/2003LPL	Nylon sheet with 3 x non-slip locking systems	W85 x L200
IM140/200PU	Waterproof cotton sheet	W140 x L210
IM53NS	Positioning wedge with non-slip cover	W30 x H20 x L53
IM53/80NS	Positioning wedge with non-slip cover	W30 x H20 x L80
IM110/200LPLNS	Nylon sheet with non-slip along the edge + non-slip locking system	W110 x L200

Etac Sverige AB  
Box 203, 334 24 Anderstorp, Sweden  
Tel +46 371-58 73 00  
Fax +46 371-58 73 90  
info@etac.se www.etac.se

Etac AB (export)  
Box 203, 334 24 Anderstorp, Sweden  
Tel +46 371-58 73 30  
Fax +46 371-58 73 90  
info@etac.se www.etac.com/exp

Etac AS  
Pb 249, 1501 Moss, Norway  
Tel +47 815 69 469  
Fax +47 69 27 09 11  
hovedkontor@etac.no www.etac.no

Etac A/S  
Egeskovvej 12, 8700 Horsens, Denmark  
Tel +45 79 68 58 33  
Fax +45 75 68 58 40  
info@etac.dk www.etac.dk

Etac GMBH  
Bahnhofstraße 131, 45770 Marl, Germany  
Tel +49 236 598 710  
Fax +49 236 598 6115  
info@etac.de www.etac.de

Etac Holland BV  
Fluorietweg 16a, 1812RR Alkmaar, The Netherlands  
Tel +31 72 547 04 39  
Fax +31 72 547 13 05  
info.holland@etac.com www.etac.com

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